

ANNUAL REPORT

Breaking New Ground

Serving
at the
Crossroads

2018

A MESSAGE FROM THE BOARD OF DIRECTORS

This was an exciting year for Serving at the Crossroads and the Manos Amigas clinic. Thanks to the generous response to our Hands of Hope Capital Campaign launched at the end of 2017, we found ourselves breaking new ground in May on a surgery and eye center addition to the clinic. This addition will house an eye clinic, three operating rooms, and pre- and post-operative areas. It will also allow us to convert the current operating room into a radiology suite. With these changes, we can expand the services we offer and better treat the growing number of patients.

While construction was underway, the clinic staff continued to treat patients—25,743 people, which is more than we have ever treated in a single year. They traveled from near-by communities in the Department of Copan and farther away towns in other Departments. They came for common illnesses like upper respiratory infections, hypertension, diabetes, and urinary tract infections; for healing of severe ulcers and wounds with topical oxygen therapy; and for more serious conditions requiring treatment by specialists in one of our brigades. But they had one thing in common—they walked through the doors with hope they would receive high-quality and compassionate care that would relieve their illnesses and pain; and they left with their hopes fulfilled.

We are grateful to the many donors to our Hands of Hope Campaign as well as to our general operations. Without your generous support we would not be continuing to serve those who desperately need health care while at the same time breaking new ground for expanded programs and services.

Blessings,

*Serving at the Crossroads
Board of Directors*



EXECUTIVE SUMMARY

In 2018, Serving at the Crossroads continues its service to the people of La Entrada de Copan, Honduras, and the surrounding villages. We also broke new ground and began construction of a new 3,600 sq. ft. surgery and eye center.

We followed our mission of offering top quality medical, dental and ophthalmology services to this population. The Manos Amigas staff treated 25,743 patients. This brought the total number of patients who have received care since the clinic opened in 2004 to more than 165,000. We had five brigades at Manos Amigas providing ophthalmology, out-patient surgery, oral surgery, audiology, gynecology, podiatry, and wound care services. We are very excited about the successes at the Manos Amigas clinic, and look forward to more in 2019.

Medical – The Manos Amigas medical staff treated 17,969 patients. The three clinic doctors and four nurses provided primary care to include upper respiratory infections, hypertension, diabetes, urinary tract infections, gastritis, and parasites. The staff also continued the successful wound therapy with topical oxygen treatment, saving patients from probable amputations. In May, a surgical brigade from Chester County, PA performed 81 surgeries and a team from Allentown, PA provided podiatry and wound care.

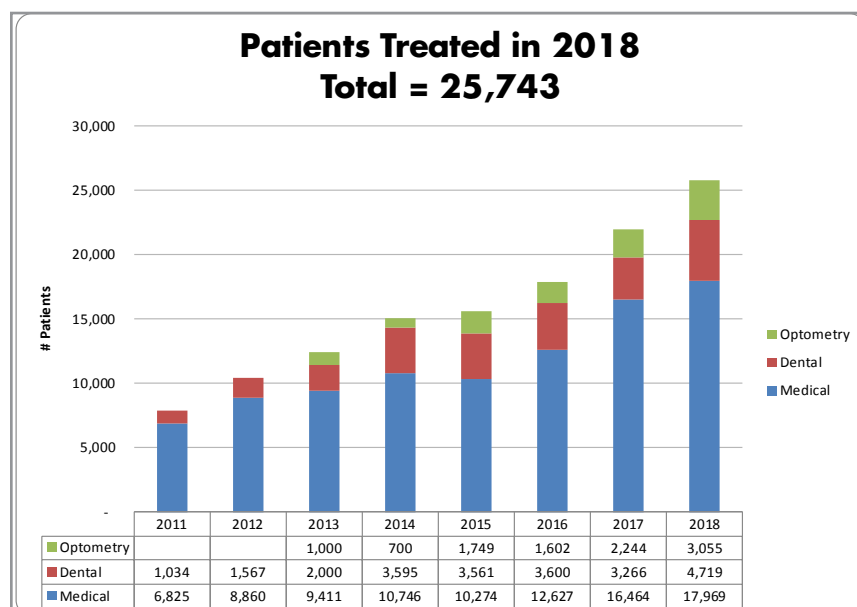
Dentistry – The three Manos Amigas dentists treated 4,719 patients. They performed exams, dental hygiene education, fillings, minor extractions, and root canals. In May, a member of the Allentown, PA brigade provided dental care and in October, an oral surgery brigade from West Chester, PA performed 93 extractions.

Ophthalmology – The Manos Amigas optometry technician provided eye exams for 3,055 patients and dispensed glasses and sunglasses. In April and November, Vision Health International returned to Manos Amigas. They performed 134 cataract surgeries, 40 pterygium surgeries, fitted four prosthetic eyes, conducted 313 eye exams and provided 313 pairs of glasses.

Audiology – In October, an audiology team from West Chester, PA conducted 25 hearing exams and fitted 32 hearing aids. Several of the patients were children from Amigos de Jesus Home for Children who had received hearing aids in September 2017 and returned for follow-up.

Gynecology – A gynecologist from Philadelphia, PA joined the brigade at the clinic in October. He conducted 30 exams and performed several procedures.

The value of the services these teams provided was greater than \$1.2 million.



SURGERY AND EYE CENTER CONSTRUCTION BEGINS

In late 2017, we conducted our Hands of Hope capital campaign to add a 3,600 sq. ft. surgery and eye center to the clinic. Thanks to the generosity of our donors we were able to start construction in May 2018. This addition will house three operating rooms, pre- and post-op areas, and an eye examination room. It will also allow us to re-purpose the existing operating room into a radiology suite.

Working with Tech Serve International, the builder of the original clinic, we developed architectural drawings for the center. Starting in May, we prepared the site, ran the utilities, and poured the concrete for the floor. Then, in October Larry Zaugg, a Tech Serve volunteer, and Rick Bates a volunteer from Pennsylvania, worked with local Honduran laborers to raise the beams for the roof. By the end of the year, the building was enclosed.

We also acquired necessary equipment and prepared a container for shipment. We anticipate moving into the facility by fall of 2019.



PATIENT CARE AT MANOS AMIGAS

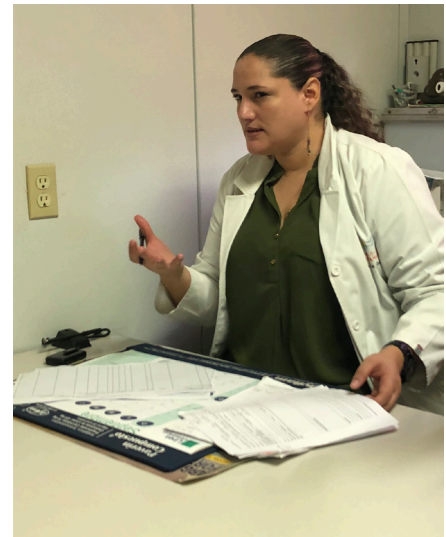
During 2018, the Manos Amigas medical, dental, and optometry staff treated 25,743 patients, 3,769 more than 2017. The number of patients seeking treatment at the clinic has more than doubled since 2013. The staff has earned a reputation in the community for providing high-quality and compassionate health care. The medical staff treated many illnesses including upper respiratory infections, hypertension, diabetes, urinary tract infections, gastritis, and parasites. Throughout the year, the doctors and nurses also treated numerous patients who suffered with severe long-term wounds. Using topical oxygen therapy, the staff healed patients' wounds and saved limbs from probable amputations. The dental staff performed dental checkups and cleanings, filled teeth, and performed root canals. And, the optometry technician provided eye exams and glasses.



MANOS AMIGAS CLINIC HEALTHCARE STAFF

Manos Amigas welcomed Dra. Claudia Guzman to the clinic staff in May 2018. Dra. Guzman graduated from Universidad Nacional Autónoma de Honduras Medical School in Tegucigalpa.

She completed her internship at Mario Catarino Rivas Hospital in San Pedro Sula, then started working for a nongovernmental medical organization in El Cedral. Claudia provides primary care for patients at the clinic. Her husband, Santiago, also a physician, serves as a medical translator for brigades and provides primary care at the clinic when needed.



BRIGADES

Five brigades came this year to help, to heal, and to bring hope for a better future to those who have less in the Copan region of Honduras. These brigades brought specialists in general surgery, oral surgery, ophthalmology, audiology, podiatry, wound care, and gynecology.

VISION HEALTH INTERNATIONAL April 8–17 and November 5–12

Vision Health International (VHI) returned to Manos Amigas twice in 2018. During the week in April, the team performed 86 cataract surgeries and 20 oculoplastic surgeries. They also conducted 313 eye exams and provided eye glasses. On the November trip, the VHI team performed 48 cataract surgeries, 7 Pterygium surgeries and gave four patients prosthetic eyes.



Dr. David Khorram, a regular member of VHI teams at Manos Amigas, conducts an eye exam in preparation for surgery.



The loss of an eye is disfiguring and can impact a person's self confidence. By providing patients with prosthetic eyes, VHI doctors restore self confidence and bring back smiles.



In March 2017, VHI doctors operated on one of 14-year old Selvin's (left) eyes. This April, he returned to have his other eye done. He can now see far distances, which has helped his soccer game immensely. Diana (right) is 4 years old and suffers from juvenile diabetes. VHI doctors have performed two surgeries on her. She came to the clinic in March for a check-up and was progressing sufficiently well to schedule her third surgery in November. The continuity of care provided through these regular visits from the VHI team are a benefit to patients like Selvin and Diana.



ALLENTOWN, PENNSYLVANIA MEDICAL BRIGADE
April 28–May 5



A medical team of 20 volunteers from Allentown, PA divided and conquered to provide care for 630 patients. Half the team visited villages where they performed health checks, addressed general medical problems, persistent lumps and bumps, diarrhea, rashes, chikungunya, zika and dengue. They provided care for 419 patients. The other half of the team remained at the clinic and provided oral surgery, podiatry services, wound care, and skin grafts. The dental team saw 88 patients. The wound care and podiatry team attended to 123 patients, some of whom received skin grafts on their severe wounds. The patients at the Manos Amigas clinic are grateful to Organogenesis Inc. and MiMedx for the donation of tissue material for skin grafts. The skin graft procedures are another way we are healing severe wounds and improving people’s lives. Rounding out the services provided this week was a nurse practitioner from Children’s Hospital of Philadelphia who conducted training for community health guardians and midwives.



Timing is everything. This woman had an existing injury to her heel and then fell. Her tendon broke away, pulling a portion of her heel bone with it. This meant surgery to remove the bone and reattach the tendon. There is no place nearby where this procedure could have taken place. It was fortunate that the Allentown team was at the clinic.



This patient had an infection and suffered from venous insufficiency for years. Brigade members cleaned the infection and performed a live tissue skin graft made possible with a donation from a US biomedical supplier. This type of procedure is not readily available or affordable in Honduras. He will ultimately undergo topical oxygen therapy.



The latest in technology was used by the visiting podiatrists and medical providers to help diagnose and address patient symptoms. This is a portable ultra-sound that is combined with artificial intelligence to give the physicians and nurses a look at the underlying tissue and organs..



During health guardian and midwife training, Jessica provided participants with copies of training materials and storybooks in Spanish to use with village children. Goodnight Moon, the Hungry Caterpillar, and One Fish, Two Fish delight children around the world.

GENERAL SURGERY BRIGADE
May 12–17



The general surgery brigade, led by Dr. George Trajtenberg returned for the 6th year. The team performed 81 operations in five days, which included 36 hernia repairs, removal of 34 cysts, lipomas, and masses, and 11 other minor procedures. Brigade members came from all across the United States and several met for the first time when they arrived in Honduras. But, it didn't take them long to start working together as a team—surgeons George Trajtenberg and Pam Demnicki, anesthesiologists Kirby Tirk and Lisa Muraika, Inger Goodroad RN, and Paula Sinclair RN (all from the Philadelphia area); physicians assistant Jodi Sandherr and Jewel Campbell RN (from Lancaster, PA); Joelle Giron RN and Aleacia Floy RN (from Atlanta, GA); Katie McGlade RN (from Denver, CO); physicians assistant Jen Phillip (from Summit, Colorado); and Becca Peterson and Bobbi Hess (from Fairfax County, VA).



Dr. Demnicki and Joelle Giron calm a patient's nerves before surgery.



Surgery underway.



A mother comforts her child post surgery.



Anesthesiologists Kirby Tirk and Lisa Muraika prepare to walk the patient into the operating room.



On a very large hernia repair, former partners Dr. George Trajtenberg and Dr. Pam Demnicki scrubbed in together for the first time since George retired in 2013.

ORAL SURGERY, AUDIOLOGY, AND GYNECOLOGY
October 27–November 3



The group of volunteers on this brigade offered many different skills to the patients at Manos Amigas—oral surgery, audiology, and gynecology. Dr. Jim Gustainis, assisted by Terri McCreary, extracted 93 teeth. Dr. Judy Curtin and Fran Curtin performed hearing tests on 30 people and fitted many with hearing aids. Dr. Luis Garcia conducted gynecological exams and procedures on 25 women. We also had our “steel” doctors, Rick Bates and Larry Zaugg working construction on the addition.



Dr. Jim Gustainis and dental assistant Terri McCreary working on one of the many extractions they performed during the week.



The Manos Amigas dentists look forward to Dr. Gustainis' visits. He takes time during procedures to teach them so that they can perform non-surgical extractions in between his visits.



Continuity of care is so important. And, we offer that with both the Manos Amigas staff and our volunteers who return. Audiologist Judy Curtin reassessed several children she had seen in September 2017. Fran Curtin adjusted and repaired their hearing aids. The children were happy to see them both. Last year, this little girl wouldn't look at anyone. This year, thanks to being able to hear, she greeted us with a smile!



Sometimes seeing a specialist is needed to address specific health concerns. Dr. Luis Garcia treated multiple gynecological issues during the week.

FINANCIAL STATEMENTS

Statement of Financial Position

December 31, 2018

ASSETS

Current Assets

Cash and Cash Equivalents

Unrestricted \$284,224

Restricted 42,032

Total Cash and Case Equivalents 326,256

Promises to Give 0

Prepaid Expenses 2,000

Total Current Assets \$328,256

NET ASSETS AND LIABILITIES

Current Liabilities

Accrued Expenses 0

Total Current Liabilities 0

Net Assets

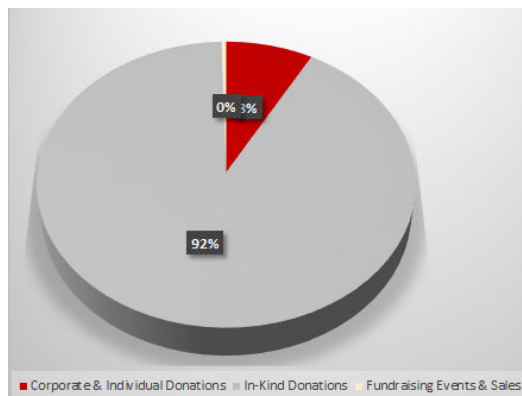
Without Donor Restrictions \$276,227

With Donor Restrictions 52,029

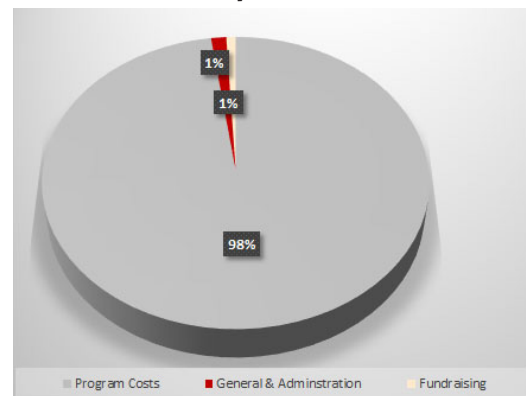
Total Net Assets \$328,256

Total Net Assets and Liabilities \$328,256

Income



Expenses



Statement of Activities
For the Year Ended December 31, 2018

	Unrestricted	Temporarily Restricted	Total
SUPPORT, REVENUES AND RECLASSIFICATIONS			
Contributions			
Donations	\$ 129,546	\$ 10,000	\$ 139,546
In-kind	1,583,377	--	1,583,377
Special events (net of direct costs \$578)	5,507	--	5,507
Coffee Sales, net of cost of \$647	1,976	--	1,976
Interest and dividend income	699	--	699
Net assets released from restrictions	120,365	(120,365)	--
TOTAL SUPPORT, REVENUES AND RECLASSIFICATIONS	\$ 1,841,470	\$ (110,365)	\$ 1,731,105
EXPENSES			
Program Costs	\$ 1,814,081	--	\$ 1,814,081
General and administrative	25,563	--	25,563
Fundraising Costs	15,722	--	15,722
	\$ 1,855,366	--	\$ 1,855,366
CHANGE IN NET ASSETS	(13,896)	(110,365)	(124,261)
NET ASSETS AT BEGINNING OF YEAR	290,123	162,394	452,517
NET ASSETS AT END OF YEAR	\$ 276,227	\$ 52,029	\$ 328,256

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Bates, Caryl & Frank
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Hawkins, Teresa
Hawkins, Twonette
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Hess, Phillip
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Huddell, Gary
Hunn, Jocelyn
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Khoury, Affi
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Sivek, Barbara
Solenberger, Donald M
Spaziani, Amy
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Spellman, John & Barbara
Stocks, R Wayne & Susan Camp
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Sumner, Martin; Mason, Pamela
Sumner, Robert & Pauline
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Winters, William & Dorene
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Young, Richard & Adelaide
Young, Robert & Louisa
Young, Roy
Young, William & Laurie
Zamroski, Paul & Susan

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